

Lord Grey Academy PE curriculum

Team sports

American football

Basketball

Cricket

Dodgeball

Football

Hockey

Kin – Ball

Netball

Rock – it – ball

Rounder's

Rugby

Softball

Individual sports

Athletics

Badminton

Dance

Fencing

Fitness

Gymnastics

Outdoor Adventurous Activities

Table tennis

Tennis

Trampolining

List and explain three key rules in your chosen sport.

PE task sheet

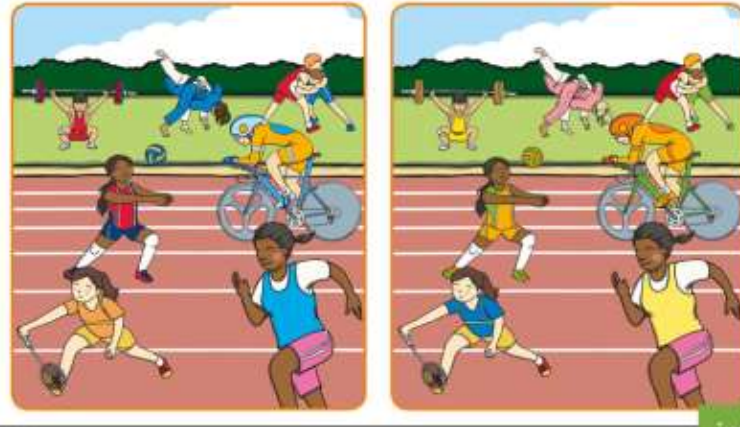
Pick an individual sport from the list of PE lessons you will take part in at LGA.

Complete the following tasks, relating the answers to your chosen activity.

CHOSEN SPORT IS _____

Spot the Difference

There are 10 differences in the pictures below, can you find them?



Draw a picture of someone playing your sport (try to include the pitch / venue they play in)

If you could change / add 1 rule what would it be and why?



Tweet a description of your sport. Max 140 characters.

PE task sheet

List and explain three key rules in your chosen sport.

Pick a team sport from the list of PE lessons you will take part in at LGA.

Complete the following tasks, relating the answers to your chosen activity.

CHOSEN SPORT IS _____

Sports

H K H D W W R J Q C V E
O F O I A G J L Y R O E E
H H C F O O T B A L L L Z
F G K B A S E S B A L L R U
O A E I H Y S M H U E U N
V A Y W A F Q Q D O Y N
S W I M M I N G A F B N I
O I G B D T E M A B A I
C B M Z Z G O L F Y L N
C B A S K E T B A L L G
E C T E N N I S V S M Z
R L C J D A E O E J Q A

SOCCER BASKETBALL
BASEBALL FOOTBALL
VOLLEYBALL SWIMMING
HOCKEY RUNNING
TENNIS GOLF

Equipment – fill up the box! Think of as many pieces of equipment you can use in your sport.

Draw a diagram of 2 different formations / systems that can be used in you sport.

Design a new team kit for your chosen sport

If you could change / add 1 rule, what would it be and why?